# i-Thrive Concept

# **Thriving**

"We want children and young people in Merton to enjoy good mental health and emotional wellbeing and be able to achieve their ambitions and goals through being resilient and confident."

#### Getting Advice

Promoting selfmanagement and resilience to know when and where to seek help

### **Getting Help**

Providing a range of evidence-based early intervention opportunities focused on needs and outcomes

## **Getting More Help**

Providing more extensive treatment options for ongoing or complex needs

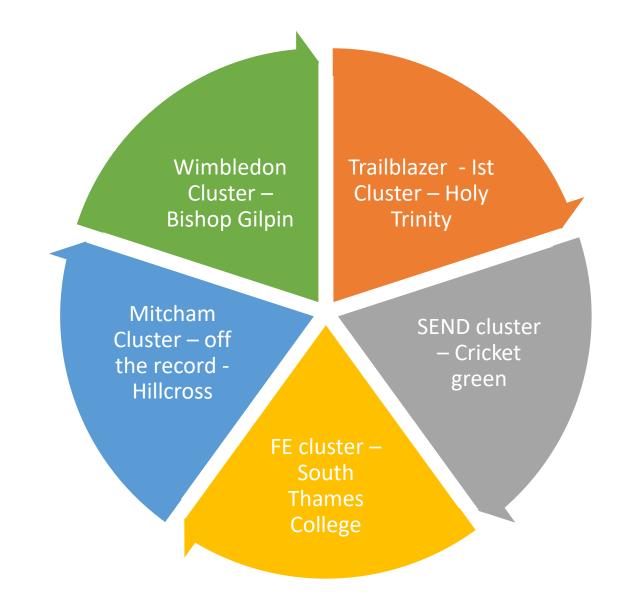
### Getting Risk Support

Providing fast crisis response and specialist risk management where needed

Prevention, promotion and Early Intervention

Shared decision-making and partnership working

Mental Health in Schools Teams



This page is intentionally left blank